

**Montgomery Township
Senior Committee Meeting Minutes
July 19, 2023**

Location: Montgomery Township Community and Recreation Center

Members Present: Don Riley, Charles Vesay, Joyce Malageri, Jess Jastrzembki, Joy Zwicker
Board Liaison Audrey R. Ware, Staff Liaison Deborah Rivas

Public Guests: Darshan Bhatt, DPT, J.P. Northrup, John Blasko

1. Call to Order 12:05

2. Pledge of Allegiance

3. Public Comment: Darshan Bhatt is the President of Namaste Rehab, a home healthcare service for physical therapy aimed toward helping seniors receive physical therapy in their own homes. Unfortunately, many seniors are not aware that this service is available. His company accepts most major insurances, including Medicare and Blue Cross.

J.P. Northrup is a Financial Advisor, a member of the Township's Business Development Partnership, and a former member of the Autumn Festival Committee. His clients are seniors and he's working on finding out what seniors need. He does complete financial management and estate planning.

John Blasko is a 35-year resident of the Township. He had received the postcard that the committee had mailed out. He expressed his concern about taxes for Seniors and also about the cost of the CPR Class for seniors that was held at the community center.

4. Approval of the Minutes for June 21, 2023 - A motion to approve the minutes was made by Jess Jastrzembki and seconded by Joy Zwicker. The minutes were approved unanimously.

5. New Business:

a. Fall Events – Autumn Festival is on October 14, 2023, the Senior Committee will need a table near the snack stand for electricity. Breakfast with Santa does not yet have a date, but Seniors will participate and help serve breakfast. Audrey Ware mentioned that there will be an India Festival at the Bharatiya Temple on the weekend of September 23rd and 24th. There will be a Montgomery Township table and volunteers are asked to man the table for a few hours.

b. Committee Vacancy – The committee is still looking for a new member to fill the vacancy. Darshan Bhatt expressed an interest in joining the committee and will send in an application.

6. Old Business:

- a. **Scheduled Seminars for Fall** – The committee is interested in having Nancy Morris present two additional free Medicare seminars in the fall. The proposed dates are October 18 at 1:00 p.m. and October 25 at 7:00 p.m. To have an idea of how many would attend, we would ask for RSVPs about one week prior to the event. The Township would advertise the program about a month in advance.
- b. **Senior Committee Website Page Content Review** – Joy Zwicker proposed a weekly electronic newsletter for Seniors. Content would need to be provided by committee members and community assistance to help gather content important to seniors. It was recommended that the newsletter utilize the pillars in the committee's letterhead and have sections for activities, education, health, and social.
- c. **Assignments for Researching Various Topics for Website** – Chuck Vesay will sort out the paper topic items that the committee has to see what is there and what can be updated for the website, etc. Joyce Malageri reminded the members that there are seniors who do not communicate electronically. Joy Zwicker recommended that they identify communities where seniors live and they could print out the newsletter and put it up on their community bulletin boards.

7. Discussion Items:

- a. **Future Presentations** – The members suggested that Darshan Bhatt make a presentation on his business for seniors on November 15th at 1:00 p.m.
- b. **Park and Recreation Updates** – Jess Jastrzembki stated that there was no date yet for the completion of the bocce ball courts, but they were almost done. The Park Board made a presentation to the Board of Supervisors proposing to renovate and utilize the Windlestrae House for recreation and cultural programs.
- c. **Public Comment Period** – Joyce Malageri suggested a limit on public comment so that it is not monopolized by one person. The members voted to keep public comment to three (3) minutes per person.

8. **Adjournment:** A motion was made by Jess Jastrzembki and seconded by Joy Zwicker to adjourn the meeting at 1:11 p.m.

8. Next Meeting: **August 16, 2023 at 12:00 Noon**