Montgomery Township Senior Committee Meeting Minutes August 16, 2023

Location: Montgomery Township Community and Recreation Center

Members Present: Don Riley, Charles Vesay, Joyce Malageri, Bud Reick Staff Liaison Deborah Rivas

Public Guests: Darshan Bhatt, DPT, Barbara Vesay

- 1. Call to Order 12:08
- 2. Pledge of Allegiance
- 3. Public Comment: None.
- 4. Approval of the Minutes for July 19, 2023 A motion to approve the minutes was made by Chuck Vesay and seconded by Joyce Malageri. The minutes were approved unanimously.
- 5. New Business: None.
- 6. Old Business:
 - a. Scheduled Seminars for Fall –Nancy Morris is confirmed for two dates in October for Medicare seminars. The dates are October 18 at 1:00 p.m. and October 25 at 7:00 p.m. The Township will promote the program about a month in advance. Darshan Bhatt will also have a presentation, scheduled for November 15, 2023 at 1:00 p.m. to advise seniors about the opportunities for physical therapy and other healthcare options in the home.
 - b. Senior Committee Website Page Content Chuck Vesay provided a list of topics and subtopics for the members to research the most up-to-date information so that the Senior Committee website section can be updated with timely information. Members were asked to volunteer for topics that interested them.
 - Don Riley chose "Turning 65 and Entering Retirement", which includes Medicare, vaccinations, fitness entering retirement, Montgomery Township facilities and parks, taxes and rebates, social and physical activities, community concerts and North Penn school programs.
 - Joyce Malageri and Darshan Bhatt agreed to research "Declining Conditions or Injuries" which includes hospital care and physical injury, power of attorney and legal needs, knowledge and need for nursing home care, rights and

responsibilities, ombudsman, recovery and support at home instead of nursing homes.

- Bud Reick and Joy Zwicker were assigned "Veterans Activities and Support" as they previously volunteered for this topic.
- Joy Zwicker was absent but was chosen to work on "Communications" in conjunction with Township staff to get the word out for the Senior Committee.
- c. Committee Vacancy Darshan Bhatt expressed an interest in joining the committee and provided his application and letter of interest to be considered for appointment. The committee members highly recommend that the Board of Supervisors appoint Darshan to fill the current vacancy.

7. Discussion Items:

- a. Transportation for Seniors Joyce Malageri inquired if members had additional information about transportation opportunities for seniors. Joyce currently drives for seniors in the Neshaminy Falls community. Recently, a gentleman told her that Uber offers free rides to veterans. She inquired if that was true. Members were researching this question and it was agreed to add this as a topic for the next meeting.
- **b.** Park and Recreation Updates Jess Jastrzembski is working on organizing a senior bocce league, as well as a senior pickleball league.
- **c.** Future programs Joyce Malageri suggested a seminar on social media for seniors.

8. **Adjournment:** A motion was made by Bud Reick and seconded by Chuck Vesay to adjourn the meeting at 12:55 p.m.

A fun lesson game of bocce ball followed the meeting!

Next Meeting: September 20, 2023 at 12:00 Noon